

The course comprises three modules which need to be taken in sequence. Participants commit to one module at a time.

## MODULE ONE

Sat 5th & Sun 6th Nov. - 2011  
10.00am-5.00pm

A foundation weekend in which we will explore the emotional dimensions of complementary treatments and learn about therapeutic boundaries and how to maintain them.

£150 (£75 PER DAY)  
14 CPD HOURS

## MODULE TWO

Dec. 4th - 2011  
Jan. 15th & Feb. 26th & Mar. 25th - 2012  
10.00am-4.30pm

Building on module one, this module will deepen your understanding of non-verbal dynamics and will focus on regression in response to touch and on working with traumatised patients.

£300 (£75 PER DAY)  
26 CPD HOURS

## MODULE THREE

May 27th, Jun. 24th  
& Jul. 22nd - 2012  
10.00am-4.30pm

Building on module two, this module will teach you how to work with challenging dynamics, such as resistance to getting better, sexuality and psycho-somatic symptoms. Ending treatments and separation will be the final issue we will explore.

£300 (£75 PER DAY)  
26 CPD HOURS

All modules will take place at  
Eau de Vie Clinic, 34 Cowley Road, Oxford OX4 1HZ

### FOR ENQUIRIES AND BOOKINGS

Charlottebrydonsmith@googlemail.com  
07900814100



*"It is impossible to work with the body without evoking the feelings. I designed this course to help you understand and contain the emotions arising in your patients and in yourself during and after treatments, so you are confident and capable of meeting your patients on many levels."*

## ABOUT MORIT HEITZLER

Morit studied and gained a diploma in Body Psychotherapy from the Chiron Centre for Body Psychotherapy, London before then studying an MSc in Integrative Psychotherapy at the Metanoia Institute, London.

As well as working with individual clients and supervising psychotherapists, counsellors and complementary practitioners, Morit is an experienced teacher and group leader in England and Israel.

### FOR MORE INFORMATION ON MORIT'S WORK

www.heizler.co.uk  
morit.heizler@gmail.com

# THE THERAPEUTIC RELATIONSHIP

WITH MORIT HEITZLER MSC, UKCP  
BODY PSYCHOTHERAPIST

An exploratory course designed for complementary practitioners to develop their understanding of the practitioner-patient relationship.

*"Learning with Morit has had an enormous influence on my practice. Her insight reaches directly into the fundamental issues, which underpin my relationship with my patients. I leave each session feeling challenged yet wiser and more capable"*

H. BACCHUS

# HAVE YOU EVER FELT...

- DRAINED AND INVADED AFTER SESSIONS WITH PARTICULAR CLIENTS?
- IRRITATED, FED UP, RESENTFUL OR ANGRY WITH A CLIENT?
- UNABLE TO REFUSE CLIENTS' REQUESTS OR DEMANDS?
- COMPROMISED BY MEETING PATIENTS IN SOCIAL SITUATIONS?
- UNCLEAR ABOUT SETTING AND MAINTAINING BOUNDARIES?
- OUT OF YOUR DEPTH IN TERMS OF CLIENT REACTIONS, EMOTIONS & BEHAVIOUR?

These situations, conflicts and questions are common experiences amongst complementary practitioners.

**WOULD YOU LIKE SOME HELP IN DEALING WITH THEM?**

By exploring the unspoken dynamic evoked in the therapeutic relationship, you will develop and increase your understanding of the emotional and psychological aspects of holistic work and your ability to contain them.

The focus of this course is to make basic psychological principles of the therapeutic relationship accessible whilst supporting the practitioner's own style of treatment.

Some of the issues that will be explored and discussed include:

## **BOUNDARIES**

Their function and how to establish and maintain them

## **THERAPEUTIC FRAME & CONTRACT**

Commitments, fees, times, lateness

## **THERAPEUTIC TOUCH**

Difficulties around regressive and sexual dynamics

## **HOW TO END A PROCESS**

Separation, loss and completion

## **UNCONSCIOUS PROCESSES**

Projection, transference & countertransference

A willingness to explore your own process is preferred.

**IF YOU WANT TO DEVELOP YOUR UNDERSTANDING OF THE PRACTITIONER-PATIENT DYNAMICS, BUT DON'T WANT TO PURSUE A COURSE IN COUNSELLING OR PSYCHOTHERAPY THEN THIS COURSE IS FOR YOU!**