

TRAUMA

SYMPOSIUM

18-19 NOVEMBER 2011

STROUD, GLOUCESTERSHIRE

“An individual who has suffered trauma experiences one part of themselves moving forward to function, survive and move on, and another part that cannot...”

Trauma can be a single event, or a prolonged experience.

“Trauma needs to be understood as a collective dynamic, not only as an individual mental health issue...”

Witnessing trauma can have as strong an impact as experiencing it.

“... individuals and whole communities can not only transform their most difficult experiences, but can discover resources they don't even know they have.”

Do you want to learn more, or share your own expertise? If you are working in an area where you encounter trauma of any sort, your work and your own wellbeing will be greatly enhanced by learning how to recognise trauma, and how to respond effectively.

This event is a unique opportunity to learn with a group of presenters who are experienced in working with trauma in a variety of different contexts, and using a variety of different approaches.

Quotes from 'Back to Our Future - A Handbook for Post-War Recovery and Violence Prevention' by Arlene & JC Audergon, Lane Arye, Nives Ivelja, Slobodan Skopelja, Milan Bijelic

Registration before 1st October: £120 or £80 for 1st day only. After 1st October: £140 or £90 for 1st day only. Includes CPD certificate and lunches catered by Star Anise Cafe www.staraniseartscafe.com

For more information & booking info see website www.ionara.org.uk

email Iona Fredenburgh: iona@ionara.org.uk

or call 07590 567350

Event organised by Process Work Stroud and supported by Gloucestershire Network for Psychotherapists & Counsellors. For people working with and researching trauma, and interested in shared learning.